

Patient Expectations

Effective as of 5/13/16

1. Appetite suppressants are controlled substances. Because of that reason, If a patient has not lost a total of 10 pounds in three consecutive months (the equivalent of just over three pounds a month), the appetite suppressants will not be prescribed until 5 pounds from your last weight-in is lost. You may continue with our program but without the medication to achieve the 5-pound minimum.
2. Female patients who are trying to get pregnant or believed to be pregnant may not take the appetite suppressants due to its side effects.
3. We value everyone's time therefore patients are expected to arrive on time. If you are 5 minutes late, we do have the right to reschedule your appointment.
4. If you have (3) three "no call, no shows," you will be dismissed from our practice. We require 24 hours in advance for cancellations.
5. For those who choose to do the HCG diet, please understand that the reduction in calories is what helps you lose the weight. HCG is useful to minimize the loss of muscle mass that is often associated with rapid weight loss.
6. Should you have any forms that require Doctor's signature, it may take up to 7 business days to have it completed.

Name _____ Date _____